

My group's preferred way of dance documentation is a video. We picked a video to present because it helps people see the emotion. A video really helps show people the story our group created. The video helped our group to know what we needed to work on in the dance, and it also showed us what was strong enough. The group was able to use the video to see what more and where in the dance movement could be added.

The idea for our dance came from one of our dancer's solos. We all really liked the idea and we went with it. In our dance each solos happen at different times. This allows each dancer to have a shining moment. Everybody contributed to the choreography and added to the ideas.

Choosing the music and costumes was hard because we had different thoughts on how to portray the story. Everyone had really great ideas. We talked about lighting and staging but our group was very focused on getting our dance down. Our goal was to make the story clear and strong. We really wanted the message that we picked to come through to the audience.

The message of our dance is the story of someone struggling in life. Others give the struggling person an opportunity, but it goes to their head. Once the struggler no longer needs help, fate takes away the opportunity.