MCA Proficient Initial

Self-Reflection

*Please use appropriate theatre vocabulary while completing this self-reflection.*

What was your character’s name? _Rapunzel_

What was your character’s objective? _to get my hair unbraided_

Give an example of how you pursued that objective in your scene.

_She cut her hair_  
_and I got really upset_

How did you use gesture, movement (physicality) and vocal tone (vocal signature) to express the character’s personality?

_I also walked_  
_LIKE LONG HAIR_  
_and walked elegantly_  
_I walked elegantly_

What elements from your character analysis sheet did you incorporate into your character’s personality?

_having long hair_  
_confused_  
_strong_  
_talks louder_

Give 2 examples of how you created a relationship with the other characters in your scene.

_help looking for something_  
_and helping each other_  
_and helping each other_

What were your strengths in the scene?

_and being stuck_  
_how kept in character_  
_and being stuck_

What improvements could you make when you perform this scene again?

_we could block better_  
_and talks louder_  
_and talks louder_