Pair share - sit with someone who knows you well

Free write about your partner

Write as many words to describe your partner as you can think of (you don’t have to share) within the time limit. Go! Do not think just write! Now show your partner your descriptors.

Words to describe:

- Out of control
- Flexible
- Upset
- Persistent
- Soft
- Scared
- Surprised
- Strong
- Painful
- Forceful
- Smooth

Now sit with circle of descriptors from friend and choose/edit

I like these! These qualities really describe who I am! Add any additional descriptive words to your list at the bottom of the page.