CHOREOGRAPHY WORKSHEET

Name: ____________________________

Class: 5 ________________________ Date: 2/24/15

1. Brainstorm a list of words or phrases that describe you, your personality, your likes and dislikes. Use the back of this page.

2. Choose at least 3 of the words that describe you and write them here.
   I love gymnastics
   I love blur
   I am kind

3. Explore these words or phrases in movement, and create a draft of a dance self-portrait. Begin and end this dance in stillness.

4. Share your list of words and your dance with your partner. Your partner will give you feedback on the way your movement does or does not reflect the words you have chosen. Summarize your partner’s comments below.
   Amanda: I didn’t get how you like blue
kind
Smart
Nice
good swimmer
Sweet
I like Blue
Thankful
Peaceful
Caring
earthy
Friendly
I like American girl
I love gymnastics
lovely
helpful
I like Minecraft