



My Hero

11W38-02

Many will ask what is a hero is, it is not the "super Hero" action figures from our childhood. A hero is someone that strives to change people's lives without even trying. A hero is someone that even when the days get hard and there is a lot of stress they don't give up, but in fact they make the best of it. Just like my hero Lee Kelly.

My hero is Mister Lee Kelly. He owns and runs Crossfit NWA. Many know crossfit as the crazy health workout program created by marines. But crossfit as a whole is a community, crossfit is made up of broken people who need hope. One lady at our box (box is another word for gym) had a severe case of MS or multiple sclerosis, she could not walk at all 1 year later and she was up and walking. Now this story shows the progress of my hero, he has created this box and community for people to come together and heal. My hero is a true leader of the community.

My hero is a hero to me because, he is just an inspiration he has survived cancer and has been in the military and just so many things. I first met him when I started to watch after his son, he would watch me and read to chance his son. He would always try to give money to me and I would always decline, because me and chance are "best buds" and I do it out of the love I have for that sweet boy. Not only that when I started working out there I was very nervous, but Lee saw potential in my and about 2 years before I was allowed to do adult classes he allowed me to do them, for him to do that he was breaking his own rules and that meant so much it may not sound like it but it did. Soon after that he gave me a nickname "TAY-TAY" so every time he sees me he yells that. Finally one time he posted the WOD and he wrote "Brandt Family Great Family", the day before we had come out in the freezing cold and helped him set up for the Turkey Trot an annual WOD that we do. Ever since then he has posted several WODs with that on there and about our family. Even when something happened between us and his family his wife said "it was a true test of our love for each other".

I chose the captain America stencil, Lee always wears captain America stuff, because like I have said before crossfit is very American. In this case it is an oxymoron, because we are choosing a hero to draw and I choose a Super hero sign. This also shows what a hero he is to me. His son is in that age where he just loves super heroes and you know how kids look up to super heroes, well that's why I chose that sign because he is a hero.

In conclusion I am happy and sad to be done with this project. I am happy, because it has been a lot of work. But I am sad, because this was such an important project that I hate to see it go. I did many things on it and I had lots of ups and downs on my thoughts about it, but I the end everything worked out.

Jan 30-

- I find Delita Martin very interesting, I love how she sews on her artwork, and kind of how she makes a collage out of her art work. Also I like how she gets all over her artwork. And I love how big her artwork is.

Feb 3-

- For my stencil I chose the captain America shield design. I chose this because it's like an oxymoron. We are supposed to choose a hero in our community and I am using a super hero design. I also chose this because he runs a crossfit box and crossfit is really based on service men and women and honoring them.

Feb 5-

- I drew out my stencil on hard paper
- I then cut it with an exacto knife.
- After that I covered it in clear tape and re-cut the lines.

Feb 6-

- I drew out a rough sketch
- I then came back and darkened some lines and erased others.

Feb 10-

- My contour lines are okay, but feel that I am not very good at drawing faces.

Feb 12-

- Today I did my first jelly print, I really love it. I think I will put my stencil all over my work.

Feb 13-

- My hero is a true leader of the community he is a veteran of the army and of the police force. Not only that, he has survived cancer. He runs a crossfit box, Crossfit was founded by marines but now it has exploded. In crossfit we honor lots of veterans, on a main wall in our box we have what we call a wall of honor, where we honor all of our veterans. Crossfit is a saving grace to many, one for the workouts, but two for the community. My hero has made sure that the community at our box is safe and inviting and I think that is yet another great attribute about him

Feb 19-

- I put a lot of stencils on my piece. Over the snow days I sewed my paper together. I also put a little more on my face.

Feb 20-

- Today I did the bar, I was a little worried but now I think it looks great. I rolled on acrylic paint and outlined it with charcoal.

Feb 24-

- I rolled on paint on top of my glued paper. Hope to come back and start my charcoal.

Mar 2-

- I started on my shorts, by sewing on strips of cloth with a burlap design on them.

Mar 6-

- I worked on ideas for my background I feel stuck.

Mar 12-

- I worked on my shorts today also I spray painted my background.

Mar 17-

- Today I worked on my charcoal drawing I feel very pleased. Previously I used spray glue to work on my t-shirt. Later after it dried I started drawing the face and where ever the spray glue got extra on the paper the glue grabbed that.

Mar 19-

- Today I worked more on my charcoal and I started to work on my sewing, I feel stuck.

Mar 20-

- I still feel stuck but I need to work on my background.

Mar 31-

- Today I worked more on my charcoal, I am frustrate, because I feel that the background is pulling away from the actual charcoal drawing.

Apr 2-

- Today I worked on my face I darkened it up, but I am just feeling UN happy, because it feels like a mess to me.

Apr 3-

- Today I worked on my lower background, don't know where it's going.

Apr 7-

- Today I worked on my fingers and face just a little. Almost done.

Apr 9-

- Today worked a lot on my face. I feel a lot better about it, his eyes look much better.

Apr 10-

- Today I spray painted some burlap ribbon a glued it o he background hoping to repeat the burlap design.

Apr 14-

- I FINISHED MY PROJECT!

Assessment Rubric						
Student Name: <u>11W38-02</u>					Class Period: 7	
Assignment: "Every Kid Has A Hero" Portrait					Date Completed:	
Circle the number in pencil that best shows how well you feel that you completed that criterion for the assignment.	Excellent	Good	Average	Needs Improvement	Rate Yourself	Teacher's Rating
Criteria 1 – Objective: draw face with proportional features - observation skills –nose, eyes, mouth, ears, neck, hair – Did you follow portrait techniques for feature placement?	10	9 – 8	7	6 or less	9	
Criteria 2 – Composition – use of Art Elements to create Prints in Gelatin and Linoleum – Did Symbols represent Hero	10	9 – 8	7	6 or less	10	
Criteria 3 – Charcoal rendering - value shading –must show Values: Does Portrait show volume in face – does it pull out from paper	10	9 – 8	7	6 or less	9	
Criteria 4 – Effort: took time to develop idea & complete project? (Didn't rush.) Good use of class time? Did you complete daily Reflections?	10	9 – 8	7	6 or less	10	
Criteria 5 – Craftsmanship – Neat, clean & complete? Skillful use of the art tools & media?	10	9 – 8	7	6 or less	10	
Total: 50 x 2 = 100 (possible points)					Your Total 48	Teacher Total

ART Self-Evaluation

Name HW 38-02

Class

9d.7

Date 3/15/15

Project Topic or Title:

Briefly describe your project goals and how you achieved the expectations.

I wanted to create a really realistic picture, but with a background that represented my vision as a whole. I accomplished this by just thinking of ways to incorporate both them and his idea with colors and my stencils.

If you were doing this project again, what would you do differently to improve your work?

Have my background more thought out before I start to mix my colors around. I would probably use other types of materials to change it up.

How could you work more effectively next time?

Have my colors for everything already done, and have my contour line drawing better from the beginning.

Your Teacher's Comments:

Your Grade for Yourself:

97% 98%

Your Teacher's Grade for You: